

# Prayer Ministry

## BEGINNING WITH GOD

As the New Year begins we encourage you to dedicate two weeks of the New Year to prayer. To make that possible we have put together a guide to help you during this time of prayer. The purpose of prayer is for God's Will to be established here on earth and in our lives. Prayer has always been about God's Will. (1 John 5:14-15)

In devoting yourself to prayer, you are positioning yourself for God's perfect will to be done in your life. To receive from God your heart's desire for 2019

**How do I start:** Start by being anxious for nothing (Philippians 4:6). Secondly, use scriptures as the foundation for your prayer and in doing so; you build up your faith and confidence.

2, Then start by praising God for all His goodness and for who is is to you. Thanking Him for the benefits of the Cross mostly.. For your salvation from sin's power, Satan's power, the judgement to come, from all curses. The privilege of now being a son or daughter of God and so have access to Him unhindered. The Washington Post of your sins by the blood. The protecting power of the blood of Jesus over your life. The healing Jesus healed us with, the freedom He purchased for us with His own life. Your empowerment to do all things through the strength that Jesus supplies. Your empowerment through being blessed with all blessings of heaven, being a heir of God and joint heir with Christ Jesus. By the time you go through all of this you are ready to ask.

## **HERE ARE A FEW PRAYER TOPICS TO GUIDE YOU:**

- 1. Pray for your eyes of understanding to be opened:** I pray that the eyes of your heart may be enlightened in order that you may know the hope to which He has called you, the riches of His glorious inheritance in His holy people. (Ephesians 1:18)
- 2. Pray for strategic wisdom in your life:** If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him. (James 1:5)
- 3. Pray for a knowledge of his will in your life:** We have not ceased to pray for you, asking that you may be filled with the knowledge of His Will in all spiritual wisdom and understanding. (Colossians 1:9)
- 4. Pray for healing of your body:** He himself bore our sins in His body on the tree, so that we might die to sins and live for righteousness; by His wounds you have been healed. (1 Peter 2:24)

*Our prayer is that you will learn to make God the priority he ought to be.*

## THE PRAYING AND FASTING FOR 2019

Prayer should not be a ritual but a real time of fellowship with the Lord. It all starts on the first night of 2019 at the watch night service to usher in the New Year. We all need to be in that service. Fasting starts after January 1<sup>st</sup> that means on January 2<sup>nd</sup>. We purpose to spend at least one hour a day with the LORD these two weeks in:

1. Worshipping Him, do not just take a laundry list to God; take your love and thanksgiving to Him. Bring to Him a sacrifice of praise. Spend time to minister to the LORD. (Acts 13:1-4).
2. SPEND TIME IN THE WORD AND MEDITATE ON THOSE SCRIPTURES on which you base your prayers and faith. Always find at least a Scripture that promises you what you are praying about. (John 15:7).

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3. Make definite requests not generic prayer. Ask in such specific terms that when the answer comes you can identify it. If for instance you are asking for blessing...Question will be what blessing? God wants to know what exactly you want Him to do. (Matt 20:9-33).
4. When do I stop asking? When you have inward peace that the answer has been granted. Switch to thanks giving and do not waver. You pray UNTIL YOU HAVE THAT INWARD ASSURANCE that the answer has come then you stop asking and start praising but never go from praising to asking again your prayers will not work that way. Let your yea be yea...If you say He has answered, then stay with it come rain come shine. (James 1:6-7)

## FASTING

Fasting is not a payment for what God gives. We always receive freely as the Bible says; there are no specific instructions in the Bible on how long to fast or how many meals to miss. We see that people miss meals during their fasting but there is no instruction in the Bible from the Old Testament to the New on how long a fast should last or how many meals to miss. Therefore it is up to you and the Holy Spirit on how you want to fast. We do not recommend fasting for

1. Pregnant Mothers
2. Infants and children under the age of 13 (there are child abuse laws and we are commanded to obey those in authority too).
3. Mothers who are breast-feeding.
4. Those who are using medication should consult their Doctors as to how to fast without aggravating their situation.
5. Long fasts must be done only if the LORD GIVES THAT INSTRUCTION never on presumption. Fasting does not change God, for God does not change. Fasting does not take the place of Jesus Christ as the only way to God. Fasting does not eliminate the need to pray in Jesus name because only faith in Christ opens the door to Heaven. Only His name has authority and recognition in heaven. We come to God trusting in the blood and the name of Jesus and not in our good works and holiness.  
*So when Peter saw it, he responded to the people: "Men of Israel, why do you marvel at this? Or why look so intently at us, as though by our own power or godliness we had made this man walk? The God of Abraham, Isaac, and Jacob, the God of our fathers, glorified His Servant Jesus, whom you delivered up and denied in the presence of Pilate, when he was determined to let Him go. (Acts 3:12-13) NKJV.*
6. Please do not impose fasting on people we give willingly not by compulsion. Sacrifice is as one wills not as another person wills for you. Everyone according to the measure of faith they have. God loves a cheerful giver not grudging giver. Do it as you have purposed in your heart but be consistent in what you have chosen to do

## *THANKS*

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